

## Meet Your Coach

As a former defensive back and team captain at Syracuse University, Coach Ewald bring years of experience as a player and as a high school and college football coach.

He has coached at Marist College, Bates College, Sacred Heart University, and Lebanon Valley College. Coach Ewald's emphasis on discipline, accountability, teamwork and leadership will prepare you for success on and off the field.



At Post University, football is more than just a game. It's a gateway to future success. Post University is accredited by the New England Association of Schools and Colleges (NEASC) and is licensed by the State of Connecticut, through the Department of Higher Education (DHE). Post University is also home to 15 Division II athletic programs, International Dressage and Equestrian Teams, and many other campus activities and events.



To learn more about Post University Eagles Football, visit: [www.posteagles.com](http://www.posteagles.com) or contact Coach Ewald at: [pewald@post.edu](mailto:pewald@post.edu) or **203.591.5128**.

To learn about the academic and student support services available to you as a member of the Post University community, please visit: [www.Post.edu](http://www.Post.edu).



Student-Focused, Career-Driven

800 Country Club Road  
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"Swoop, Eagles Mascot"

# POST UNIVERSITY



*"Believe deep down in your heart that you're destined to do great things."*

*- Joe Paterno*

## Feel Your Adrenaline Pumping...

At Post University, we're definitely ready for some football! We want YOU to bring your passion for playing football to a team that competes against such prestigious institutions as Army, Navy, Princeton and Cornell.

The Collegiate Sprint Football League consists of 7 teams:

- Army
- Navy
- Cornell University
- Princeton University
- University of Pennsylvania
- Mansfield University
- Post University

## Hear the Roar of the Crowd...

Picture yourself on the campus of West Point in New York or on historic Franklin Field in Philadelphia. This is your chance to play football with some of the most motivated and accomplished student-athletes in the country. It's also your chance to play in a Bowl Game. Each year, two CSFL teams are selected to compete in the Adirondack Trust Allegiance Bowl held in Saratoga Springs, New York. The event has all the excitement of a college football bowl game from tailgating to pre-game festivities, a half-time show, souvenirs, and a pep band.



## Feel the Wind at Your Back...

Your passion for playing football doesn't have to end after high school. Post University's membership in the Collegiate Sprint Football League (CSFL) [www.sprintfootball.com](http://www.sprintfootball.com) opens the door to student-athletes just like you. The fact that you weigh 172 pounds or less is



not a barrier to recruitment; it's an asset. In fact, players in the CSFL must weigh 172 pounds or less to compete.

## Make Some History ...

Come make some history as the first University in New England competes in a football league dedicated to delivering a very exciting brand of textbook football.

## Become a Leader On and Off the Field...

*"If your actions inspire others to dream more, learn more, do more and become more, you are a leader."*

*– John Quincy Adams*

At Post University, everything we do is designed to help prepare you for a career. The leadership and teamwork skills you develop in the classroom and on the field will lay the foundation for a successful career. You'll also get to enjoy all the benefits that come with being a student-athlete on a small, close-knit campus located in beautiful New England – just a short drive or train ride from New York and Boston.

## Be a Part of a Winning Team...

*"Individual commitment to a group effort -- that is what makes a team work, a company work, a society work, a civilization work." – Vince Lombardi*

Since 1890, Post University has been preparing students for careers. Our small New England campus offers big opportunities to reach your academic, athletic and career goals.

## Did You Know?

Post University offers 17 degree programs in today's growing fields, including Sport Management. We also have a student-to-faculty ratio of less than 15:1. That means you'll not only earn a college degree in the field of your choice, but you'll get to know your teammates, classmates, and professors – and they'll get to know you.



*"The will to win, the desire to succeed, the urge to reach your full potential ... these are the keys that will unlock the door to personal excellence." –Confucius*